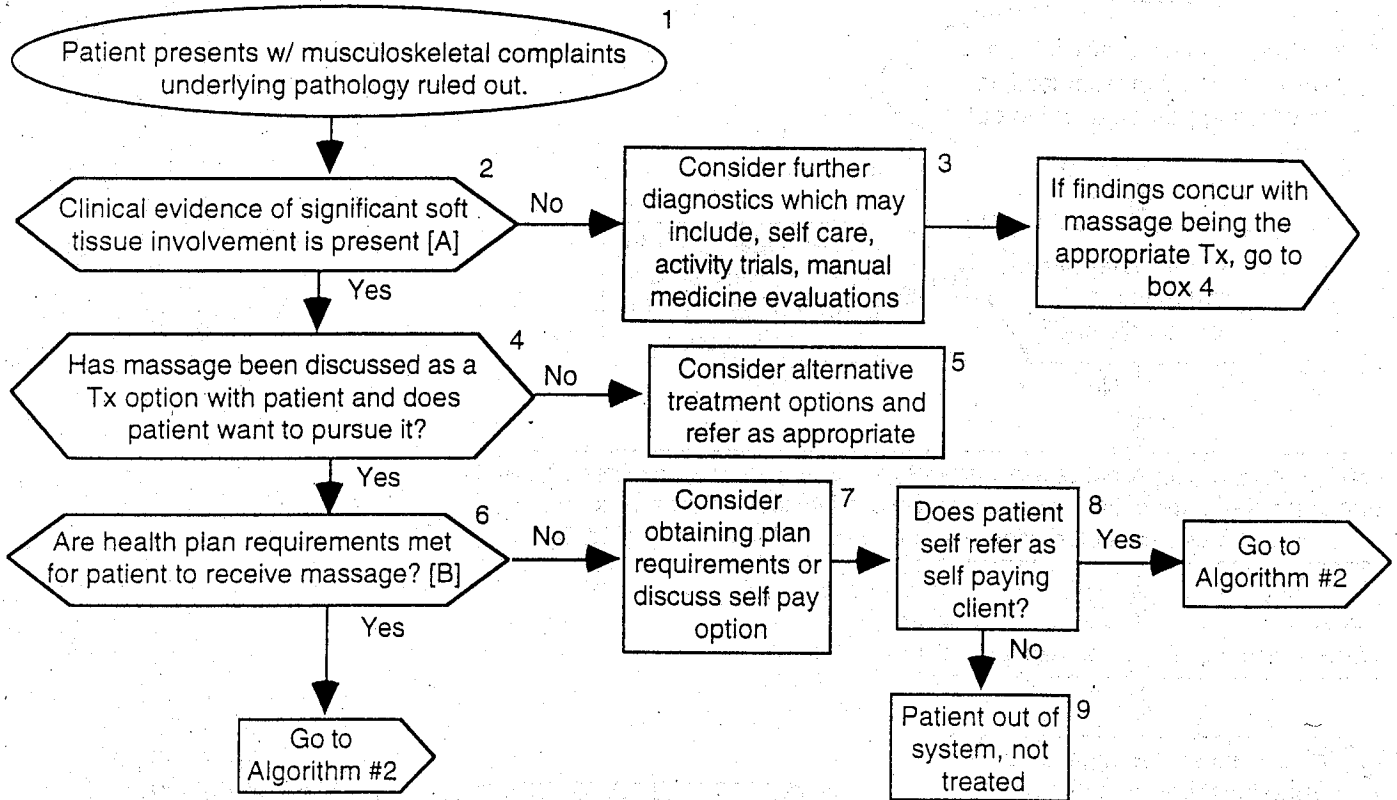


**DRAFT SEED ALGORITHM FOR EDUCATING REFERRING CLINICIANS, HEALTH PLANS AND NETWORKS ABOUT CLINICAL MASSAGE APPROACHES
OCTOBER 1999**

Disclaimer: This document is a clinical management draft of a proposed algorithm and is not for diagnostic or treatment purposes. It has not been reviewed or approved by any school, association or other organization of the massage profession.

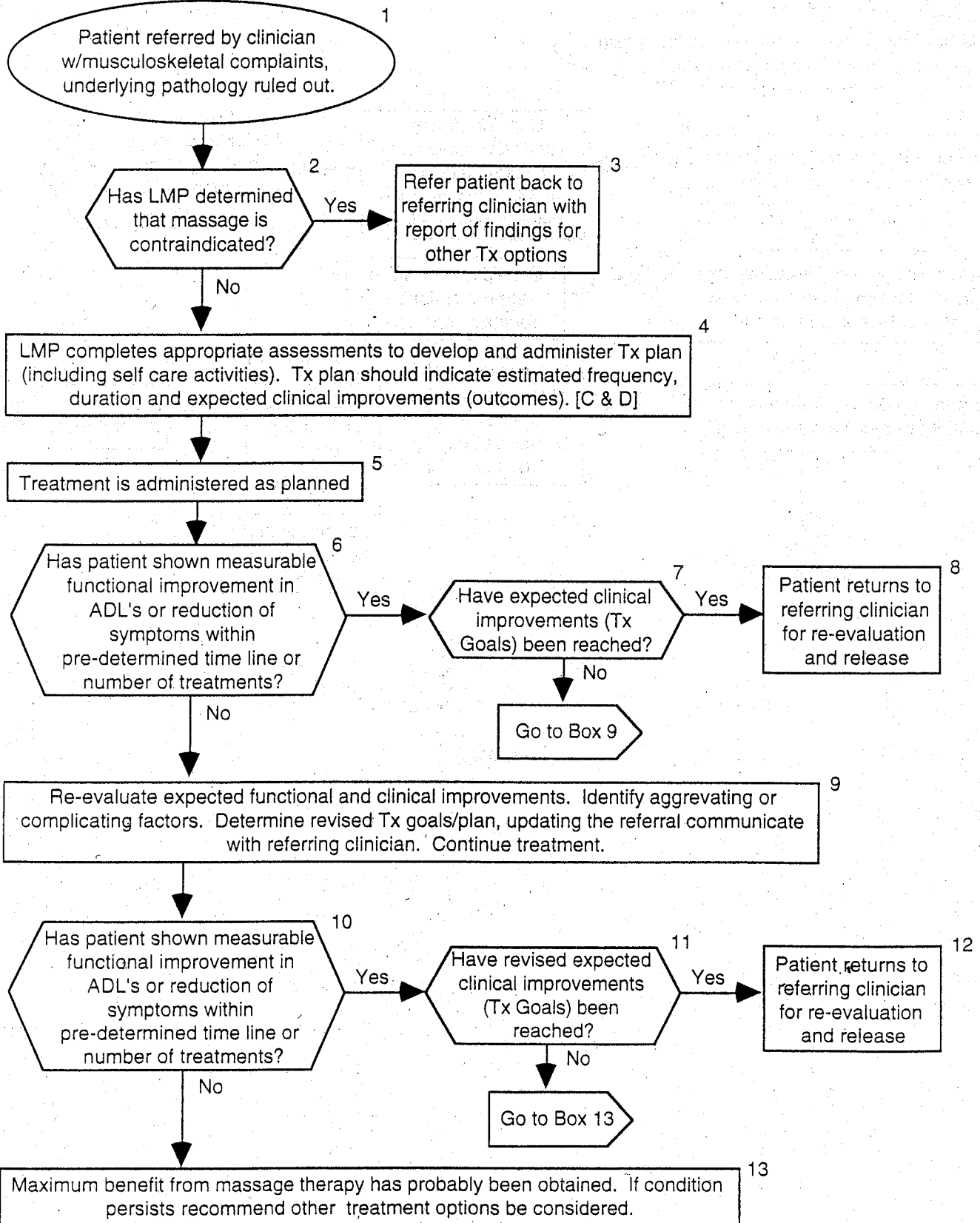
Algorithm #1 - Expectations Massage practitioners have of Referring Clinicians



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Algorithm #2 - Licensed Massage Practitioner Clinical Massage Approach



Massage Algorithm Annotations

Please note that Boxes 1-9 represent steps referring clinician should take to assess appropriateness of referral for massage treatment.

- A. Clinical evidence - key indicators of soft tissue injury, may include but are not limited to:
 - 1. History of mechanical (traumatic or gradual) onset - determined through health Intake, interview and assessment.
 - 2. Symptoms are reproduced through mechanical tests.
- B. Requirements - what does plan allow and require?
 - 1. Massage therapy benefits?
 - 2. Reimbursement to LMP's?
 - 3. Written referral?
 - 4. Pre-authorization of treatment by referral services?
 - 5. Massage benefits for specific diagnoses only?
- C. Assessment methods may include but are not limited to:
 - 1. Written health intake and interview
 - a. Identification of pain - location, intensity, frequency and duration (may include but is not limited to use of pain scale)
 - b. ADL limitations
 - c. Environmental and ergonomic influences
 - 2. Observations regarding
 - a. Postural analysis
 - b. Movement analyses
 - 3. Palpation
 - 4. Clinical evaluations including
 - a. Range of Motion (Active, Passive and Resistive)
 - b. Special tests for possible neurological involvement
- D. Treatment and self care plans are based on the patients age, general health, severity of the condition, stage of healing cycle, typical activity level, abilities, level of motivation for follow through, and other simultaneous treatments being administered by other providers.
- E. Clinical Improvements are observable in the clinical environment (may include but is not limited to use of manual tests, interview)

Abbreviations Key

ADL = Activities of Daily Living
LMP = Licensed Massage
Practitioner
Tx = Treatment

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